

250 m Bahnlänge		Löschen
125 m Messung		Einlesen
1. Lauf	0 m	00,000
	125 m	
	250 m	
	375 m	
	500 m	
	625 m	
	750 m	
	875 m	
	1000 m	
	1125 m	
	1250 m	
	1375 m	
	1500 m	
	1625 m	
	1750 m	
	1875 m	
	2000 m	
	2125 m	
	2250 m	
	2375 m	
2500 m		
2625 m		
2750 m		
2875 m		
3000 m		
3125 m		
3250 m		
3375 m		
3500 m		
3625 m		
3750 m		
3875 m		
4000 m		

4000m Junioren - U19m		4000m MV Qualif.
2. Lauf	194 5. LV Thüringen	
	0 m	00,000
	125 m	13,071
	250 m	08,335
	375 m	08,258
	500 m	08,378
	625 m	08,015
	750 m	08,579
	875 m	08,766
	1000 m	08,409
	1125 m	08,790
	1250 m	08,346
	1375 m	08,757
	1500 m	08,455
	1625 m	09,024
	1750 m	08,758
	1875 m	08,604
	2000 m	08,672
	2125 m	08,587
	2250 m	08,295
2375 m	08,739	
2500 m	08,418	
2625 m	09,144	
2750 m	09,029	
2875 m	08,979	
3000 m	08,683	
3125 m	08,703	
3250 m	08,596	
3375 m	08,652	
3500 m	08,588	
3625 m	09,333	
3750 m	08,548	
3875 m	08,720	
4000 m	08,423	

3. Lauf	213 4. LV Bayern	
	0 m	00,000
	125 m	13,152
	250 m	08,206
	375 m	08,196
	500 m	07,983
	625 m	08,399
	750 m	07,857
	875 m	08,192
	1000 m	07,861
	1125 m	08,415
	1250 m	08,110
	1375 m	08,381
	1500 m	25,806
	1625 m	08,605
	1750 m	
	1875 m	08,872
	2000 m	08,399
	2125 m	08,693
	2250 m	08,598
2375 m	08,847	
2500 m	08,832	
2625 m	08,650	
2750 m	08,710	
2875 m	09,156	
3000 m	08,491	
3125 m	08,753	
3250 m	08,725	
3375 m	08,862	
3500 m	08,785	
3625 m		
3750 m		
3875 m		
4000 m	08,283	

4. Lauf	131 7. LV Baden	
	0 m	00,000
	125 m	14,059
	250 m	08,381
	375 m	08,287
	500 m	07,996
	625 m	08,392
	750 m	08,289
	875 m	08,241
	1000 m	08,352
	1125 m	08,454
	1250 m	08,540
	1375 m	08,770
	1500 m	08,209
	1625 m	08,556
	1750 m	08,626
	1875 m	08,638
	2000 m	08,700
	2125 m	08,913
	2250 m	08,378
2375 m	08,833	
2500 m	08,889	
2625 m	08,752	
2750 m	09,184	
2875 m	09,326	
3000 m	08,713	
3125 m	09,151	
3250 m	08,794	
3375 m	09,387	
3500 m	09,432	
3625 m	09,302	
3750 m	08,985	
3875 m	08,809	
4000 m	08,569	



142 8. LV Berlin			
5. Lauf	0 m	00,000	
	125 m	13,742	00:13,742
	250 m	08,676	00:22,418
	375 m	08,422	00:30,840
	500 m	08,223	00:39,063
	625 m	08,560	00:47,623
	750 m	08,433	00:56,056
	875 m	08,614	01:04,670
	1000 m	08,610	01:13,280
	1125 m	08,891	01:22,171
	1250 m	08,671	01:30,842
	1375 m	08,741	01:39,583
	1500 m	08,602	01:48,185
	1625 m	09,028	01:57,213
	1750 m	08,759	02:05,972
	1875 m	09,253	02:15,225
	2000 m	08,584	02:23,809
	2125 m	09,137	02:32,946
	2250 m	08,954	02:41,900
	2375 m	09,182	02:51,082
	2500 m	08,922	03:00,004
	2625 m	08,799	03:08,803
	2750 m	08,769	03:17,572
	2875 m	09,255	03:26,827
	3000 m	08,915	03:35,742
	3125 m	08,992	03:44,734
	3250 m	08,827	03:53,561
	3375 m	09,258	04:02,819
	3500 m	08,804	04:11,623
	3625 m	08,847	04:20,470
3750 m	08,975	04:29,445	
3875 m	09,157	04:38,602	
4000 m	08,329	04:46,931	

168 1. LV NRW			
6. Lauf	0 m	00,000	
	125 m	13,284	00:13,284
	250 m	07,901	00:21,185
	375 m	07,980	00:29,165
	500 m	07,703	00:36,868
	625 m	07,887	00:44,755
	750 m	07,888	00:52,643
	875 m	07,948	01:00,591
	1000 m	08,028	01:08,619
	1125 m	08,046	01:16,665
	1250 m	08,023	01:24,688
	1375 m	08,075	01:32,763
	1500 m	08,075	01:40,838
	1625 m	08,105	01:48,943
	1750 m	08,405	01:57,348
	1875 m	08,272	02:05,620
	2000 m	08,203	02:13,823
	2125 m	08,436	02:22,259
	2250 m	08,349	02:30,608
	2375 m	08,413	02:39,021
	2500 m	08,531	02:47,552
	2625 m	08,418	02:55,970
	2750 m	08,513	03:04,483
	2875 m	08,299	03:12,782
	3000 m	08,424	03:21,206
	3125 m	08,331	03:29,537
	3250 m	08,272	03:37,809
	3375 m	08,588	03:46,397
	3500 m	08,375	03:54,772
	3625 m	08,332	04:03,104
3750 m	08,582	04:11,686	
3875 m	08,368	04:20,054	
4000 m	08,158	04:28,212	

185 6. LV Sachsen			
7. Lauf	0 m	00,000	
	125 m	13,668	00:13,668
	250 m	08,566	00:22,234
	375 m	08,190	00:30,424
	500 m	08,165	00:38,589
	625 m	08,364	00:46,953
	750 m	08,229	00:55,182
	875 m	08,393	01:03,575
	1000 m	08,406	01:11,981
	1125 m	08,605	01:20,586
	1250 m	08,563	01:29,149
	1375 m	08,514	01:37,663
	1500 m	08,677	01:46,340
	1625 m	08,860	01:55,200
	1750 m	08,621	02:03,821
	1875 m	08,422	02:12,243
	2000 m	08,380	02:20,623
	2125 m	08,659	02:29,282
	2250 m	08,761	02:38,043
	2375 m	08,776	02:46,819
	2500 m	08,633	02:55,452
	2625 m	08,658	03:04,110
	2750 m	09,065	03:13,175
	2875 m	08,945	03:22,120
	3000 m	08,778	03:30,898
	3125 m	08,795	03:39,693
	3250 m	08,999	03:48,692
	3375 m	09,193	03:57,885
	3500 m	08,939	04:06,824
	3625 m	09,138	04:15,962
3750 m	09,425	04:25,387	
3875 m	09,102	04:34,489	
4000 m	08,899	04:43,388	

202 3. LV Württemberg			
8. Lauf	0 m	00,000	
	125 m	13,268	00:13,268
	250 m	08,226	00:21,494
	375 m	08,193	00:29,687
	500 m	08,027	00:37,714
	625 m	08,429	00:46,143
	750 m	08,294	00:54,437
	875 m	08,311	01:02,748
	1000 m	08,156	01:10,904
	1125 m	08,463	01:19,367
	1250 m	08,299	01:27,666
	1375 m	08,569	01:36,235
	1500 m	08,400	01:44,635
	1625 m	08,519	01:53,154
	1750 m	08,289	02:01,443
	1875 m	08,529	02:09,972
	2000 m	08,319	02:18,291
	2125 m	08,620	02:26,911
	2250 m	08,310	02:35,221
	2375 m	08,473	02:43,694
	2500 m	08,269	02:51,963
	2625 m	08,612	03:00,575
	2750 m	08,390	03:08,965
	2875 m	08,520	03:17,485
	3000 m	08,299	03:25,784
	3125 m	08,525	03:34,309
	3250 m	08,327	03:42,636
	3375 m	08,510	03:51,146
	3500 m	08,484	03:59,630
	3625 m	08,515	04:08,145
3750 m	08,595	04:16,740	
3875 m	08,639	04:25,379	
4000 m	08,141	04:33,520	

143	2. LV Brandenburg		
9. Lauf	0 m	00,000	
	125 m	13,093	00:13,093
	250 m	08,030	00:21,123
	375 m	07,891	00:29,014
	500 m	07,926	00:36,940
	625 m	07,897	00:44,837
	750 m	07,984	00:52,821
	875 m	08,030	01:00,851
	1000 m	08,035	01:08,886
	1125 m	08,021	01:16,907
	1250 m	08,235	01:25,142
	1375 m	08,215	01:33,357
	1500 m	08,519	01:41,876
	1625 m	08,526	01:50,402
	1750 m	08,494	01:58,896
	1875 m	08,643	02:07,539
	2000 m	08,370	02:15,909
	2125 m	08,266	02:24,175
	2250 m	08,269	02:32,444
	2375 m	08,217	02:40,661
	2500 m	08,517	02:49,178
	2625 m	08,473	02:57,651
	2750 m	08,369	03:06,020
	2875 m	08,618	03:14,638
	3000 m	08,157	03:22,795
	3125 m	08,099	03:30,894
	3250 m	07,971	03:38,865
	3375 m	07,919	03:46,784
	3500 m	08,211	03:54,995
	3625 m	08,607	04:03,602
3750 m	08,641	04:12,243	
3875 m	08,869	04:21,112	
4000 m	08,629	04:29,741	

0			
10. Lauf	0 m	00,000	
	125 m		
	250 m		
	375 m		
	500 m		
	625 m		
	750 m		
	875 m		
	1000 m		
	1125 m		
	1250 m		
	1375 m		
	1500 m		
	1625 m		
	1750 m		
	1875 m		
	2000 m		
	2125 m		
	2250 m		
	2375 m		
2500 m			
2625 m			
2750 m			
2875 m			
3000 m			
3125 m			
3250 m			
3375 m			
3500 m			
3625 m			
3750 m			
3875 m			
4000 m			